

# SPS Meal Options – Autumn 2 Week 1

<b>Monday</b>	<b>Crispy breaded fish fingers, served with baby new potatoes and seasonal veg (H)</b>	<b>Breaded salmon and sweet potato fishcakes, served with new potatoes and seasonal veg (H)</b>	<b>Oven baked jacket potato with tuna mayonnaise filling, served with our house salad (H)</b>	<b>Hot melted mozzarella and cheddar cheese panini served with our house salad (H,V)</b>		<b>Homemade Steamed sponge and custard</b>
<b>Tuesday</b>	<b>A simple yet tasteful rustic Arrabiata tomato sauce, over penne pasta. Served with our house salad and garlic bread (H,V)</b>	<b>Oven baked jacket potato with grated cheddar cheese, served with our house salad (H,V)</b>	<b>Tuna and cheese melt panini. Served with our house salad (H)</b>	<b>Yorkshire ham sandwich, in a freshly baked teacake, served with our house salad</b>		<b>Homemade apple crumble and custard</b>
<b>Wednesday</b>	<b>Isherwood's pork sausage served with roast potatoes, seasonal veg and Yorkshire pudd</b>	<b>Quorn sausage served with roast potatoes, seasonal veg and Yorkshire pudding (H,V)</b>	<b>Halal roasted chicken breast served with roast potatoes, seasonal veg and Yorkshire pudding (H)</b>	<b>Oven baked jacket potato with grated cheddar cheese, served with our house salad (H,V)</b>	<b>Tuna mayo sandwich, in a freshly baked teacake, served with our house salad (H)</b>	<b>Jelly</b>
<b>Thursday</b>	<b>Pizza Diavola (pepperoni) ----- Margarita pizza (cheese &amp; tomato) (H,V)</b>	<b>Hawaiian pizza (Ham &amp; pineapple) ----- Barbecue chicken pizza</b>	<b>All pizzas served with oven baked curly fries and spaghetti hoops</b>	<b>Oven baked jacket potato with tuna mayo filling, served with our house salad (H)</b>	<b>Egg mayo sandwich, in a freshly baked teacake, served with our house salad (H,V)</b>	<b>Homemade chocolate cracknell</b>
<b>Friday</b>	<b>All Day Breakfast – Isherwood's pork sausage, fluffy scrambled eggs, beans and toast.</b>	<b>Classic hearty Italian soya mince bolognese pasta served with garlic bread and our house salad (H,V)</b>	<b>Halal mince bolognese pasta served with garlic bread and our house salad (H)</b>	<b>Oven baked jacket potato with tuna mayo filling, served with our house salad (H)</b>	<b>Hot melted mozzarella and cheddar cheese panini served with our house salad (H,V)</b>	<b>Homemade flapjack</b>

H – suitable for halal. V – Suitable for vegetarian



# SPS Meal Options – Autumn 2 Week 2

Silsden  
Primary School

Monday	Crispy breaded fish fingers, served with baby new potatoes and seasonal veg (H)	Golden flaky puff pastry vegan roll served with baby new potatoes and seasonal veg (H,V)	Oven baked jacket potato with baked bean filling, served with our house salad (H,V)	Hot melted mozzarella and cheddar cheese panini served with our house salad (H,V)		Homemade Iced Cake
Tuesday	A creamy, rich tomato and mascarpone pasta, served with our house salad and garlic bread (H,V)	Oven baked jacket potato with grated cheddar cheese, served with our house salad (H,V)	Homemade tomato soup, along side a cheese sandwich (H,V)	Tuna and cheese melt panini. Served with our house salad (H)		Homemade Eve's Pudding
Wednesday	Isherwood's roast turkey, served with roast potatoes, seasonal veg and Yorkshire pudd	Halal roasted chicken breast served with roast potatoes, seasonal veg and Yorkshire pudding (H)	Soya mince cottage pie, cooked with a medley of vegetables in a rich gravy and topped with mash potato. (H,V)	Oven baked jacket potato with a tuna mayo filling, served with our house salad (H)	Cheese sandwich in a freshly baked teacake, served with our house salad (H.V)	Homemade shortbread
Thursday	Pizza Diavola (pepperoni) ----- Margarita pizza (cheese & tomato) (H,V)	Hawaiian pizza (Ham & pineapple) ----- Barbecue chicken pizza	All pizzas served with oven baked curly fries and spaghetti hoops	Oven baked jacket potato with baked beans, served with our house salad. (H,V)	Roast beef sandwich, in a freshly baked teacake, served with our house salad	IceCream
Friday	A tasty Chinese chicken curry, packed with flavours. Served with boiled rice	Spaghetti Marinara accompanied with garlic bread and our house salad. (H,V)	A simple cheesy pasta, baked in the oven with melted cheese on top. Served with our house salad. (H,V)	Oven baked jacket potato with tuna mayo filling, served with our house salad. (H)	Hot melted mozzarella and cheddar cheese panini served with our house salad. (H,V)	Homemade chocolate sponge

H – suitable for halal. V – Suitable for vegetarian

# SPS Meal Options – Autumn 2 Week 3



Silsden  
Primary School

<b>Monday</b>	<b>Crispy breaded fish fingers, served with creamy mash for KS1 and jacket wedges for KS2. Along with garden peas (H)</b>	<b>Vegetable pasty packed with veg and encased in flaky puff pastry. Served with creamed mash potatoes and garden peas. (H,V)</b>	<b>Oven baked jacket potato with grated cheddar cheese, served with our house salad (H,V)</b>	<b>Tuna and cheese melt panini. Served with our house salad (H)</b>		<b>Homemade marble sponge and custard</b>
<b>Tuesday</b>	<b>A rich rustic tomato sauce served over penne pasta, alongside garlic bread and our house salad. (H,V)</b>	<b>Oven baked jacket potato with grated cheddar cheese, served with our house salad (H,V)</b>	<b>Hot melted mozzarella and cheddar cheese panini served with our house salad (H,V)</b>	<b>Yorkshire ham sandwich, in a freshly baked teacake, served with our house salad</b>		<b>Lemon shortcake and custard</b>
<b>Wednesday</b>	<b>Isherwood's roast gammon served with roast potatoes, seasonal veg and Yorkshire pudding</b>	<b>Quorn roast served with roast potatoes, seasonal veg and Yorkshire pudding (H,V)</b>	<b>Homemade savoury soya mince, served in a Yorkshire pudding, roast potatoes and seasonal veg (H,V)</b>	<b>Oven baked jacket potato with grated cheddar cheese, served with our house salad (H,V)</b>	<b>Tuna and cheese melt panini. Served with our house salad (H)</b>	<b>Chocolate decorated cake</b>
<b>Thursday</b>	<b>Pizza Diavola (pepperoni) ----- Margarita pizza (cheese &amp; tomato) (H,V)</b>	<b>Hawaiian pizza (Ham &amp; pineapple) ----- Barbecue chicken pizza</b>	<b>All pizzas served with oven baked curly fries and spaghetti hoops</b>	<b>Oven baked jacket potato with baked bean filling, served with our house salad (H,V)</b>	<b>Tuna mayo in a soft flour tortilla wrap, served with house salad. (H)</b>	<b>Volcano bun</b>
<b>Friday</b>	<b>Meatball sub – pork meatballs cooked in our homemade tomato sauce served in garlic bread baguette with a sprinkle of cheese</b>	<b>A simple yet tasteful rustic Arrabiata tomato sauce, served over penne pasta. Alongside garlic bread and our house salad (H,V)</b>	<b>Full of flavour, our soya mince keema curry is delicately flavoured with Indian spice. Served with rice and our house salad (H,V)</b>	<b>Hot melted mozzarella and cheddar cheese panini served with our house salad (H,V)</b>	<b>Tuna mayo and cheddar cheese in a soft flour tortilla wrap, served with house salad. (H)</b>	<b>Paris sandwich and custard</b>

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