

# SPS Meal Options – Autumn 1, week 1

<b>Monday</b>	<b>All Day Breakfast – Isherwood's pork sausage, fluffy scrambled eggs, beans and toast</b>	<b>Vegetarian Breakfast – Quorn sausage, fluffy scrambled eggs, beans and toast (H,V)</b>	<b>Oven baked jacket potato with tuna mayonnaise filling, served with our house salad (H)</b>	<b>Cheese sandwich, in a freshly baked teacake, served with our house salad (H,V)</b>		<b>Shortbread biscuit</b>
<b>Tuesday</b>	<b>Succulent meatballs &amp; pasta topped with a hearty tomato sauce, served with crusty garlic bread</b>	<b>Oven baked jacket potato with grated cheddar cheese, served with our house salad (H,V)</b>	<b>Tuna sandwich, in a freshly baked teacake, served with our house salad (H)</b>			<b>Apple crumble &amp; custard</b>
<b>Wednesday</b>	<b>Isherwood's gammon served with roast potatoes, seasonal veg and Yorkshire pudding</b>	<b>Oven baked jacket potato with tuna filling, served with our house salad (H)</b>	<b>Hot melted cheddar cheese panini served with our house salad (H,V)</b>			<b>Date golden crunch</b>
<b>Thursday</b>	<b>Margarita pizza (cheese &amp; tomato), served with garlic bread &amp; coleslaw (H,V)</b>	<b>Oven baked jacket potato with a baked bean filling, served with our house salad (H,V)</b>	<b>Ham sandwich, in a freshly baked teacake, served with our house salad</b>			<b>Ice cream</b>
<b>Friday</b>	<b>Crispy breaded fish fingers, served with curly fries &amp; spaghetti hoops</b>	<b>Crispy popcorn chicken, served with curly fries &amp; spaghetti hoops</b>	<b>Oven baked jacket potato with cheese filling, served with our house salad (H,V)</b>	<b>Tuna in a soft tortilla wrap, served with our house salad (H)</b>		<b>Flapjack</b>

H – suitable for halal. V – Suitable for vegetarian

H – suitable for halal. V – Suitable for vegetarian