

SPS Meal Options – W/b 13th October

Monday	All Day Breakfast – Isherwood's pork sausage, fluffy scrambled eggs, beans and toast	Vegetarian Breakfast – Quorn sausage, fluffy scrambled eggs, beans and toast (H,V)	A hearty and wholesome Halal chicken dopiaza curry packed with flavour, served with boiled rice (H)	Oven baked jacket potato with tuna mayonnaise filling, served with our house salad (H)	Cheese sandwich, in a freshly baked teacake, served with our house salad (H,V)	Shortbread biscuit
Tuesday	Succulent meatballs & pasta topped with a hearty tomato sauce, served with crusty garlic bread	Oven roasted vegetarian lasagne, served with crusty garlic bread (H,V)	Oven baked jacket potato with grated cheddar cheese, served with our house salad (H,V)	Tuna sandwich, in a freshly baked teacake, served with our house salad (H)		Apple crumble & custard
Wednesday	Isherwood's gammon served with roast potatoes, seasonal veg and Yorkshire pudding	Soya savoury mince, served with roast potatoes, seasonal veg and Yorkshire pudding (H,V)	Oven baked jacket potato with tuna mayo & sweetcorn filling, served with our house salad (H)	Hot melted cheddar cheese panini served with our house salad (H,V)		Date golden crunch
Thursday-	Margarita pizza (cheese & tomato), served with garlic bread & coleslaw (H,V)	Oven baked jacket potato with a baked bean filling, served with our house salad (H,V)	Ham sandwich, , in a freshly baked teacake, served with our house salad			Chocolate cracknell
Friday – National Pasta day!	Al forno- oven roasted lasagne, served with pane all'aglio (garlic bread)	Pasta al tonno --tuna pasta & tomatoes, served with pane all'aglio (garlic bread) (H)	Pasta pomodoro- Italian tomato pasta, served with pane all'aglio (garlic bread) (H,V)	Hot melted cheddar cheese panini served with our house salad (H,V)		Gelato (ice cream)

H – suitable for halal. V – Suitable for vegetarian

H – suitable for halal. V – Suitable for vegetarian