

# SPS Meal Options – W/b 15<sup>th</sup> September

<b>Monday</b>	<b>All Day Breakfast – Isherwood's pork sausage, fluffy scrambled eggs, beans and toast</b>	<b>Vegetarian Breakfast – Quorn sausage, fluffy scrambled eggs, beans and toast (H,V)</b>	<b>A hearty and wholesome Halal chicken dopiaza curry packed with flavour, served with boiled rice (H)</b>	<b>Oven baked jacket potato with tuna mayonnaise filling, served with our house salad (H)</b>	<b>Cheese sandwich, in a freshly baked teacake, served with our house salad (H,V)</b>	<b>Shortbread biscuit</b>
<b>Tuesday</b>	<b>Succulent meatballs &amp; pasta topped with a hearty tomato sauce, served with crusty garlic bread</b>	<b>Oven roasted vegetarian lasagne, served with crusty garlic bread (H,V)</b>	<b>Oven baked jacket potato with grated cheddar cheese, served with our house salad (H,V)</b>	<b>Tuna sandwich, in a freshly baked teacake, served with our house salad (H)</b>		<b>Apple crumble &amp; custard</b>
<b>Wednesday</b>	<b>Isherwood's gammon served with roast potatoes, seasonal veg and Yorkshire pudding</b>	<b>Soya savoury mince, served with roast potatoes, seasonal veg and Yorkshire pudding (H,V)</b>	<b>Oven baked jacket potato with tuna mayo &amp; sweetcorn filling, served with our house salad (H)</b>	<b>Hot melted cheddar cheese panini served with our house salad (H,V)</b>		<b>Date golden crunch</b>
<b>Thursday- National Cheeseburger Day!</b>	<b>Silsden Sizzler- succulent beef burger topped with melted cheese, lettuce &amp; burger sauce, served with fries, coleslaw &amp; salad</b>	<b>Perfectly Plain Burger- succulent beef burger topped with lettuce &amp; burger sauce, served with fries, coleslaw &amp; salad</b>	<b>Quorn cheeseburger topped with lettuce &amp; burger sauce, served with fries, coleslaw &amp; salad (H,V)</b>	<b>Tuna in a soft tortilla wrap, served with our house salad (H)</b>		<b>Ice cream</b>
<b>Friday</b>	<b>Pizza Diavola (pepperoni) ----- Margarita pizza (cheese &amp; tomato) (H,V)</b>	<b>Cheeseburger pizza ----- Barbeque chicken pizza</b>	<b>All pizzas served with garlic bread &amp; coleslaw</b>	<b>Oven baked jacket potato with a baked bean filling, served with our house salad (H,V)</b>	<b>Ham sandwich, in a freshly baked teacake, served with our house salad</b>	<b>Chocolate cracknell</b>

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