

SPS Meal Options – Autumn 1, week 1

Monday	All Day Breakfast – Isherwood's pork sausage, fluffy scrambled eggs, beans and toast	Vegetarian Breakfast – Quorn sausage, fluffy scrambled eggs, beans and toast (H,V)	A hearty and wholesome Halal chicken dopiaza curry packed with flavour, served with boiled rice (H)	Oven baked jacket potato with tuna mayonnaise filling, served with our house salad (H)	Cheese sandwich, in a freshly baked teacake, served with our house salad (H,V)	Shortbread biscuit
Tuesday	Succulent meatballs & pasta topped with a hearty tomato sauce, served with crusty garlic bread	Oven roasted vegetarian lasagne, served with crusty garlic bread (H,V)	Oven baked jacket potato with grated cheddar cheese, served with our house salad (H,V)	Tuna sandwich, in a freshly baked teacake, served with our house salad (H)		Apple crumble & custard
Wednesday	Isherwood's gammon served with roast potatoes, seasonal veg and Yorkshire pudding	Soya savoury mince, served with roast potatoes, seasonal veg and Yorkshire pudding (H,V)	Oven baked jacket potato with tuna filling, served with our house salad (H)	Hot melted cheddar cheese panini served with our house salad (H,V)		Date golden crunch
Thursday	Pizza Diavola (pepperoni) ----- Margarita pizza (cheese & tomato) (H,V)	Cheeseburger pizza ----- Barbeque chicken pizza	All pizzas served with garlic bread & coleslaw	Oven baked jacket potato with a baked bean filling, served with our house salad (H,V)	Ham sandwich, in a freshly baked teacake, served with our house salad	Ice cream
Friday	Crispy breaded fish fingers, served with curly fries & spaghetti hoops	Crispy popcorn chicken, served with curly fries & spaghetti hoops	A simple tomato pasta, baked in the oven. Served with garlic bread & our house salad. (H,V)	Oven baked jacket potato with cheese filling, served with our house salad (H,V)	Tuna in a soft tortilla wrap, served with our house salad (H)	Flapjack

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