

CARING FOR
THE
ENVIRONMENT

COOKING

HOUSEHOLD
CHORES

JUNIOR DUKE AWARD

WORLD-LEADING CHILDREN'S LIFE SKILLS
AWARD

**DEVELOP CONFIDENCE, INDEPENDENCE,
RESILIENCE AND WELL-BEING**

At our school, we are offering the well-established Junior Duke Award to our pupils. It is a life skills Award for children aged around 3 to 13. It helps children to learn to look after themselves and raises awareness of cultures, traditions and how to appreciate and protect our world.

For each of the primary-school year groups, there is an age-appropriate workbook which has clearly explained challenges. Thereafter, there is a portal for the two Senior Duke levels. There is one level per year.

Although some of the skills may be touched on in school, it is hoped that children will spend time completing the challenges with parents, friends and grand parents.

On completion, the school will award the children with their well-earned certificates and badges.

The ten different levels:

- Nano Duke
- Micro Duke
- Silver Mini Duke
- Gold Mini Duke
- Bronze Junior Duke
- Silver Junior Duke
- Gold Junior Duke
- Platinum Junior Duke
- Silver Senior Duke
- Gold Senior Duke

WHY CHOOSE TO TAKE THE JUNIOR DUKE CHALLENGE?



In our fast-paced world, as adults, many of us find that it's simplest and quickest to do things for our children rather than giving them the time to learn, try, fail, make a mess then, finally, master the skills. We must embrace the madness and the mess because children aren't little for long!

It's also tempting to help children as soon as they look as though they are about to fail because we want them to feel success rather than the frustration of not managing a skill...yet.

That is why we are choosing to offer the Junior Duke Award to our pupils this year. We would really like your help, time and guidance with it to allow children to get out of their comfort zones to learn to grasp skills like washing their sheets, cooking dinner, doing the shopping and building fires.

We know that sometimes it's hard to stand back and allow them to make mistakes (especially if they may be in danger!) and to give them the responsibility to do certain things independently, perhaps failing a few times on the way to success. However, we also know how empowered children feel once they learn new skills and, as we know, future employers look to employ well-rounded people with hard skills as well as the soft skills required for many tasks in the Junior Duke!

Once a child has learned a skill such as how to make a cup of tea, it's something they should do regularly forever more. Therefore, we hope you will help by gently pushing your child to learn new tasks and to keep working to improve on them.

Who knows, they will hopefully discover they have new passions and talents!

