



Silsden
Primary School

SPS Meal Options – Summer 1, Week 1

Monday Rich chocolate cookie (GL,EG,SOY)	RECEPTION & KS1 - Swedish meatballs in a rich tomato sauce, served with spaghetti (GL, EG)	KS2 - Swedish meatball sub, served in a baguette with melted mozzarella with wedges and sweetcorn (GL, EG, MK)	A rich tomato sauce-based soya bolognese, served with spaghetti (H, V, GL, SOY)	Oven baked jacket potato with grated cheddar cheese filling, served with our house salad (H,V, MK)	Hot melted cheddar cheese panini served with our house salad (H,V,GL,MK,SOY)	Ham wrap, served with our house salad (GL)
Tuesday	All day breakfast – sausage, scrambled egg & beans served with bread & butter (GL,EG,MK,SUL,SOY)	Vegetarian breakfast – vegetarian sausage, scrambled egg & beans served with bread & butter (H,V, GL,EG,MK)	Arabiatta pasta, served with crusty garlic bread & salad (H,V,GL, MST,SOY, MK)	Oven baked jacket potato with tuna mayonnaise filling, served with our house salad (H, EG, FSH)	Hot melted cheddar cheese panini served with our house salad (H,V,GL,MK,SOY)	Apple & blackberry crumble & ice cream sponge (GL,MK)
Wednesday - Roast Dinner Day	Roast chicken dinner, served with Yorkshire pudding, roast potatoes & seasonal vegetables (GL,EG,MK)	Soya savoury mince, served with Yorkshire pudding, roast potatoes & seasonal vegetables (H,V, SOY)	Oven baked jacket potato with grated cheddar cheese filling, served with our house salad (H,V,MK)	Tuna wrap, served with our house salad (H, GL, EG, FSH)	Hot melted cheddar cheese panini served with our house salad (H,V,GL,MK,SOY)	Jelly
Thursday – Pizza Day	Pizza Diavola (pepperoni) (GL,MK,MST) ----- Margarita pizza (cheese & tomato) (H,V,GL,MK)	Ham pizza (GL,MK) ----- Chicken pizza (GL,MK)	All pizzas served with garlic bread & sweetcorn (GL, MK,SOY)	Oven baked jacket potato with a baked bean filling, served with our house salad (H,V)	Cream cheese & cucumber sandwich served with our house salad (H,V,GL,MK,SOY)	Frozen yoghurt (MK)
Friday – Chocolate cracknell (GL,MK,SOY)	Oven baked haddock fillet, served with curly fries & peas (H,GL,FSH)	Crispy popcorn chicken, served with curly fries & peas (GL,MK,MST,SOY)	Salmon fishcake, served with curly fries & peas (H,GL,FSH)	Oven baked jacket potato with grated cheddar cheese filling, served with our house salad (H,V,MK)	Hot melted cheddar cheese panini served with our house salad (H, V, GL,MK,SOY)	Egg, cheese & cress club sandwich, served with our house salad (H,V,GL, EG, MK, SOY)

H – suitable for halal. V – Suitable for vegetarian. GL – contains gluten. MK – contains milk. MST – contains mustard. EG – contains egg. SOY – contains soy. SUL – contains sulphates.
FSH – contains fish. CRUST – crustacean CEL – contains celery. **In red – may contain**

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