

SPS Meal Options – Summer 1, Week 2 Nursery



Silsdon
Primary School

Monday	Isherwood's real sausage hotdog, served with wedges & sweetcorn (GL, SUL, SOY)	Oven baked jacket potato with grated cheddar cheese filling, served with our house salad (H,V,MK)	Hot melted cheddar cheese panini served with our house salad (H,V,MK,GL,SOY)	Apple & oat crumble served with pouring cream (GL,MK,EG)
Tuesday	Vegetable ravioli, served with garlic bread, salsa & salad (H,V, GL)	Oven baked jacket potato with grated cheese filling, served with our house salad (H,V,MK)	Hot melted cheddar cheese panini served with our house salad (H,V,MLK,GL,SOY)	Old school cake (GL,MK,EG)
Wednesday	Roast beef, served with roast potatoes, seasonal veg and Yorkshire pudding (GL,EG,MK)	Tuna wrap served with our house salad (H,GL,EG,FSH)	Oven baked jacket potato with a grated cheddar cheese filling, served with our house salad (H, V, MK)	Chocolate fudge cake (GL,EG,MK,SOY,SUL)
Thursday	Margarita pizza (cheese & tomato) (H,V,GL,MK) served with garlic bread & sweetcorn (GL)	Oven baked jacket potato with a baked bean filling, served with our house salad. (H,V)	Egg mayonnaise sandwich, served with our house salad (H,V,GL,EG)	Ice cream (MK)
Friday	Oven baked haddock fillet, served with curly fries & spaghetti hoops (H,GL,FSH)	Crispy popcorn chicken, served with curly fries & spaghetti hoops (GL,MK,MST,SOY)	Hot melted cheddar cheese panini served with our house salad (H,V,GL,MK,SOY)	Bakewell tart slice (GL,EG, SOY,SUL)

H – suitable for halal. V – Suitable for vegetarian. GL – contains gluten. MK – contains milk. MST – contains mustard. EG – contains egg. SOY – contains soy. SUL – contains sulphates. FSH – contains fish. CRUST – crustacean CEL – contains celery. **In red – may contain**