SPS Meal Options – Summer 2, Week 1

Silsden Primary School

Monday Shortbread (GL,EG, SOY)	Homemade sausage roll, served with wedges and sweetcorn (GL, EG,SUL)	Sri Lankan sweet potato curry, served with rice (H,V,CEl,EG,MK, MST,SUL)	A rich tomato sauce-based soya pasta bolognaise, served with crusty bread (H, V, GL, SOY)	Oven baked jacket potato with grated cheddar cheese filling, served with our house salad (H,V, MK)	Hot melted cheddar cheese panini served with our house salad (H,V,GL,MK,SOY)	Ham wrap, served with our house salad (GL)
Tuesday	All day breakfast – sausage, scrambled egg & beans served with bread & butter (GL,EG,MK,SUL, SOY)	Vegetarian breakfast – vegetarian sausage, scrambled egg & beans served with bread & butter (H,V, GL,EG,MK)	Arabiatta pasta, served with crusty bread & salad (H,V,GL,MST,SOY, MK)	Oven baked jacket potato with tuna mayonnaise filling, served with our house salad (H, EG, FSH)	Hot melted cheddar cheese panini served with our house salad (H,V,GL,MK,SOY)	Apple & blackberry crumble & ice cream sponge (GL,MK)
Wednesday - Roast Dinner Day	Roast chicken dinner, served with Yorkshire pudding, roast potatoes & seasonal vegetables (GL,EG,MK)	Soya savoury mince, served with Yorkshire pudding, roast potatoes & seasonal vegetables (H,V, SOY)	Oven baked jacket potato with grated cheddar cheese filling, served with our house salad (H,V,MK)	Tuna wrap, served with our house salad (H, GL, EG, FSH)	Hot melted cheddar cheese panini served with our house salad (H,V,GL,MK,SOY)	Jelly
Thursday – Pizza Day	Pizza Diavola (pepperoni) (GL,MK,MST) ---------- Margarita pizza (cheese & tomato) (H,V,GL,MK)	Ham pizza (GL,MK) Chicken pizza (GL,MK)	All pizzas served with garlic bread & sweetcorn (GL,MK,SOY)	Oven baked jacket potato with a baked bean filling, served with our house salad (H,V)	Cream cheese & cucumber sandwich served with our house salad (H,V,GL,MK, SOY)	Flapjack
Friday – Chocolate cracknell (GL,MK,SOY)	Oven baked fish fillet, served with diced potatoes & peas (H,GL,FSH)	Crispy popcorn chicken, served with diced potatoes & peas (GL,MK,MST,SOY)	Salmon fishcake, served with diced potatoes & peas (H,GL,FSH)	Oven baked jacket potato with grated cheddar cheese filling, served with our house salad (H,V,MK)	Hot melted cheddar cheese panini served with our house salad (H,V, GL,MK,SOY)	Egg, cheese & cress club sandwich, served with our house salad (H,V,GL, EG, MK, SOY)

H – suitable for halal. V – Suitable for vegetarian. GL – contains gluten. MK – contains milk. MST – contains mustard. EG – contains egg. SOY – contains soy. SUL – contains sulphates. FSH – contains fish. CRUST – crustacean CEL – contains celery. In red – may contain

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