

Dear Parent/Carer,

### **Year 1 'Growing and Changing' Relationships and Sex Education unit**

Promoting the health and well-being of our pupils is an important part of children's overall education. We do this through our Personal, Social and Health Education (PSHE) curriculum. This looks at many topics including physical and emotional health, all kinds of relationships, and living in the wider world.

In the next few weeks, our school will be focusing on part of our SCARF PSHE scheme to deliver some of the relationships and sex education (RSE) aspect of our PSHE programme to Year 1 children. It became a legal requirement in September 2020 for relationships and sex education to be taught across the school, in an age- and developmentally-appropriate way. The design of the programme has taken into account the requirements of the statutory guidance, up-to-date best practice guidance, and the needs of our children.

Your Year 1 child will be exploring themes including '*Keeping Privates Private*' and '*Inside my Wonderful Body*'. During these lessons, correct vocabulary will be taught and shared with your child. This includes the scientific vocabulary of penis, vulva and vagina. These scientific names are used across all years, so that children are able to express themselves clearly when talking about these body parts.

We recognise that parents and carers play a vital part in their child's RSE, and we encourage you to use this vocabulary with your child at home as well.

If you have any questions about the programme or would like to look through the resources that we will be using, there will be an opportunity to do this on Thursday 11<sup>th</sup> June at 6pm in the main school hall. Both myself and a member of the leadership team will be available to answer any questions.

Yours Sincerely

Miss J Hudson