



SPS Meal Options – Autumn 1, Week 2

Silsden
Primary School

Monday	Isherwood's real sausage hotdog, served with wedges & sweetcorn (GL, SUL, SOY)	Vegan sausage hot dog, served with wedges & sweetcorn (H, V, GL)	Macaroni cheese, served with garlic bread (H, V, GL, EG, MK, MST, SOY)	Oven baked jacket potato with grated cheddar cheese filling, served with our house salad (H,V,MK)	Hot melted cheddar cheese panini served with our house salad (H,V,MK,GL,SOY)	Apple & oat crumble served with pouring cream (GL,MK,EG)
Tuesday Old school cake (GL,MK,EG)	Chinese chicken curry, served with fluffy rice (GL, SOY)	Italian tomato pasta, served with crusty bread & salad (H,V, GL, MST)	Halal chicken dopiaza, served with brown rice (H, GL, SUL)	Oven baked jacket potato with grated cheese filling, served with our house salad (H,V,MK)	Hot melted cheddar cheese panini served with our house salad (H,V,MLK,GL,SOY)	Ham wrap served with our house salad (GL)
Wednesday	Roast beef, served with roast potatoes, seasonal veg and Yorkshire pudding (GL,EG,MK)	Roast chicken, served with roast potatoes, seasonal veg and Yorkshire pudding (GL,EG,MK)	Vegetarian toad in the hole – vegetarian sausage served with roast potatoes, seasonal veg and Yorkshire pudding (H,V, GL,EG,MK)	Tuna wrap served with our house salad (H,GL,EG,FSH)	Oven baked jacket potato with a grated cheddar cheese filling, served with our house salad (H, V, MK)	Chocolate fudge cake (GL,EG, MK,SOY, SUL)
Thursday	Pizza Diavola (pepperoni) (GL,MK,MST) ----- Margarita pizza (cheese & tomato) (H,V,GL,MK)	Meatball pizza (GL,MK) ----- Roasted veg & BBQ sauce pizza (H,V,GL,MK)	All pizzas served with garlic bread & sweetcorn (GL)	Oven baked jacket potato with a baked bean filling, served with our house salad. (H,V)	Egg mayonnaise sandwich, served with our house salad (H,V,GL,EG)	Ice cream (MK)
Friday	Oven baked fish fillet, served with potato crunchies & peas (H,GL,FSH, MK)	Crispy popcorn chicken, served with potato crunchies & peas (GL,MK,MST,SOY)	Mascarpone pasta, served with crusty bread and salad (H,V,GL,MK)	Oven baked jacket potato with grated cheddar cheese filling, served with our house salad (H,V,MK)	Hot melted cheddar cheese panini served with our house salad (H,V,GL,MK,SOY)	Fruit jelly (GL,EG, SOY,SUL)

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H – suitable for halal. V – Suitable for vegetarian. GL – contains gluten. MK – contains milk. MST – contains mustard. EG – contains egg. SOY – contains soy. SUL – contains sulphates. FSH – contains fish. CRUST – crustacean CEL – contains celery. **In red – may contain**