



Silsden Primary  
School

## The End of Year 6 Dales Walk!

**Where:** Pen-y-ghent, from Horton-in Ribblesdale

**Date:** Friday 10<sup>th</sup> July

**Timings:** Arrival at school as normal, for quick registration and boarding the coaches for a 9:30am departure. The return journey will only leave Horton at 4:15pm so we will be **back at school at around 5pm**. We will be in touch with the school office should there be any delays due to traffic.

**What to wear:** As many of you will know, the walk up (and down) Pen-y-ghent is quite steep in places. **Your child therefore must have strong, suitable footwear** – walking boots or shoes or strong trainers. Even on hot, sunny days, the conditions at the summit can be very different and can change rapidly. Therefore, whatever the weather, all children should have layers of clothing that they can get easily on and off themselves and **a coat is required** (ideally that can fit in their rucksack if not in use). A warm hat and gloves are also strongly recommended in case of very cold, windy conditions on top. Please don't forget sun cream!

**What to bring:** Children will need to carry their own belongings all day and a small rucksack is ideal for this trip as both hands will need to be free for parts of the climb (up and down). All should bring a suitable packed lunch, snacks and non-fizzy drink - a refillable water bottle is ideal. School packed lunches can be ordered if needed by Friday 26<sup>th</sup> June, using the link in the Arbor message. No money or phones should be brought on the trip. If your child uses an inhaler, we will ask them to carry it in their bag and to inform a school adult should they wish to use it. All other medication will be carried by school adults. It would also be useful to bring something to sit on for our lunch stop – the grass may well be wet!

**Parent Volunteers:** For the trip to run safely and successfully, we require additional parent helpers. Therefore, if you are willing and able to attend on the date outlined above then please contact the school office by Friday 19<sup>th</sup> June. We will then be in touch to confirm details, although we can't take too many of you as the coaches have set capacity! Of course, all parent volunteers will be fully briefed as to roles and responsibilities before the trip (and will incur no additional cost). No dogs are to be brought by any accompanying adults.

**Consent and Trip Cost:** Please note that we are required to gain consent from you for this trip, this can be done in the Trips Section on Arbor. There will be a small cost of £10 per child to cover the coach hire. This can be paid through the Trips Section from today.

**Medical Information and Other Useful Info:** Please ensure that school has all up-to-date medical information for your child. Hayfever may be a relevant seasonal issue so please let us know if your child suffers badly. It is also useful for us to know anything that you think might be of relevance – travel sickness etc. Please collect a form from the office if your child requires medication whilst on the trip. Only prescribed medication can be administered.

Many thanks  
Year 6 Teachers