



# My World



## Personal, Social and Emotional Development

**This will be our main area of focus this half term.**



We will be playing lots of games and taking part in circle time talk activities to help children get to know each other, gain confidence and settle into to school life.

Using our Pip and Posy 'Spotlight' stories we will learn about sharing and taking turns and how to deal with our changing emotions and also introduce the children to the 'Zones of Regulation'.

Zones of Regulation uses colour coded zones relating to different emotions. We will be finding out about what each zone and emotion means and think of strategies to help regulate our emotions. Children will learn to 'check in' at the 'Zones of Regulation' each day to help understand how they are feeling and begin to gain skills in consciously regulating their actions, which in turn leads to increased control, problem solving abilities and wellbeing.



We will establish rule and using lots of visual aids and clear vocabulary. **Daily visual timetables** will be displayed so children always know what is happening next.

**Learning Intentions:**

- See themselves as a valuable individual.
- Build constructive and respectful relationships.
- Express their feelings and consider the feelings of others.
- Identify and moderate their own feelings socially and emotionally.

## Communication and Language

Our 'Spotlight' stories include a set of books about Pip and Posy, by Axel Scheffler and also the book 'This is Our House' by Michael Rosen. Using these stories, we will encourage lots of talk and learn new vocabulary to develop understanding of ourselves, our emotions and what is fair or unfair/ right or wrong in different situations.

Please see our attached Song sheet for songs we will be learning this half term.

**Learning Intentions:**

- Understand how to listen carefully and why listening is important.
- Learn new vocabulary
- Develop social phrases.
- Engage in story times.
- Listen carefully to rhymes and songs, paying attention to how they sound.

## Expressive Arts and Design

We will be encouraging children to have a go and explore a variety of different art and craft activities to create pictures and models using their own ideas.

**Learning Intentions:**

- Explore, use and refine a variety of artistic effects to express their ideas and feelings.
- Create collaboratively sharing ideas, resources and skills.

## Mathematics

We will begin the NCETM teaching for mastery programme of study. It starts off by looking at the numbers 1, 2 and 3 focusing on the learning intentions below-

**Learning Intentions:**

- Count objects, actions and sounds.
- Subitise (To recognise the amount without counting)
- Link the number symbol (numeral) with its cardinal number value.

## Literacy

We will hook the children into developing their reading and writing through lots of theme-based activities. All areas of provision will have reading and writing opportunities.

Daily phonics lessons will begin, once the children are settled, with a focus on segmenting and blending 3 letter words.

When children are ready, reading books will to be sent home and children will be reading 1:1 each week.

**Learning Intentions:**

- Develop their phonological awareness, so they can spot and suggest rhymes.
- Recognise words with the same initial sound, such as money and mother.

## Physical Development

Provision indoor and out will have opportunities for all to develop the below skills. Please note -that we will be starting our PE lessons after Christmas and you will not need a PE kit until then.

**Learning Intentions:**

- Refine gross motor skills. E.g. jumping, skipping, hopping, climbing.
- Develop small motor skills so that they can use a range of tools competently, safely and confidently. E.g. pencils paintbrushes, scissors, knives, forks and spoons.
- Develop the skills they need to manage the school day successfully: lining up and queuing, mealtimes, personal hygiene.

## Understanding the World

We shall be focusing on our similarities and differences. Celebrating what is different about us and what makes us, us!!!! We shall also be looking at our families, using the spotlight story 'This is Our House' to develop our understanding of a family and who we are within that family. We will be thinking about houses and homes and finding out how they are not all the same. Please see the attached home learning sheet for how you can help us achieve these learning intentions.

**Learning Intentions:**

- Talk about members of their immediate family and community.
- Name and describe people who are familiar to them.



# Reception Songs and Rhymes



## If You're Happy and You Know It

If you're happy and you know it,  
clap your hands, (clap, clap)

If you're happy and you know it,  
clap your hands, (clap, clap)

If you're happy and you know it  
and you really want to show it,  
If you're happy and you know it,  
clap your hands. (clap, clap)

**Click your fingers!**

click click

**Tap your knees!**

tap tap

**Pat your head!**

pat pat

**Tickle your tummy!**

tickle tickle

**Wave your hands!**

wave wave

**Smile at me!**

smile smile

**Stamp your feet!**

stamp stamp

**Clap your hands!**

clap clap

## My Feelings Song

(Sing to the tune of 'Frère Jacques')

How I'm feeling, how I'm feeling,  
Look at me, look at me.  
Playing with some new toys, playing with some new toys,  
Happy me, happy me.

How I'm feeling, how I'm feeling,  
Look at me, look at me.  
Fell and hurt my elbow, fell and hurt my elbow,  
Unhappy, unhappy.

How I'm feeling, how I'm feeling,  
Look at me, look at me.  
Someone took the best toy, someone took the best toy,  
Angry me, angry me.

How I'm feeling, how I'm feeling,  
Look at me, look at me.  
Hearing some loud noises, hearing some loud noises,  
Worried me, worried me.

How I'm feeling, how I'm feeling,  
Look at me, look at me.  
Reading bedtime stories, reading bedtime stories,  
Sleepy me, sleepy me.

## We're All Special

(Sing to the tune of 'Twinkle, Twinkle, Little Star'. )

We're all special, can you see?  
No one is the same as me!  
Different things we like to do,  
Some for me and some for you.  
We're all special, can you see?  
No one is the same as me!

## Head, Shoulders, Knees and Toes

Head, shoulders,  
Knees and toes,  
Knees and toes.

Head, shoulders,  
Knees and toes,  
Knees and toes.

And eyes,  
And ears,  
And mouth,  
And nose.

Head, shoulders,  
Knees and toes,  
Knees and toes.

## Please and Thank You

Please and Thank you,  
Please and Thank you,  
We must say,  
We must say,  
When we're given something,  
When we're given something,  
Everyday,  
Everyday.

Please
Thank you



# Home Learning

## My World



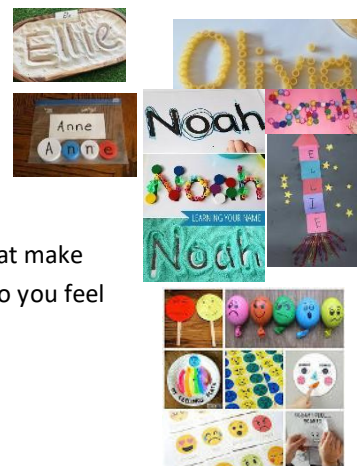
Hello and welcome to our Reception Class at Silsden Primary School!

Each half term we send home useful information about what we will be learning about, and also how you can support us, by trying out some of our suggested activities below.

This half term we will be encouraging and supporting the children's independence, alongside developing an understanding of who they are and how to cope with the many changes that are taking place as they start school.

### Activities

- Fill your 'All About Me' bags that you received at the welcome meeting ready to share with the class.
- Practise getting dressed all by yourself. Make it fun by using a timer or having a race with a family member. Remember to celebrate each achievement such as putting on socks, fastening a button or zipping up a coat as these are very tricky to master. Perhaps just concentrate on one thing at a time before moving on to the whole outfit. Take a photograph to show you can do it.
- Practise using a knife and fork to eat with. Have a go at cutting up your own food. Take a photograph of you using your knife and fork.
- Get creative learning your name. Write it in different ways. **Remember only the first letter is a capital.**
- What letter does your name begin with? Can you think of other things that start with the same letter? Draw a picture of each item or find the items and take a photograph. Can you write a list of all the things you found?
- Draw a picture, or make models to show different emotions. Can you think of things that make you feel each emotion? How do you feel when you play with your favourite toy? How do you feel when you fall down? Draw a picture to show.
- Find out what type of house you live in – draw a picture and label it.
- Who lives in your house? Draw a picture of your family and your pets.



Please feel free to think of your own creative ideas, we really want to encourage everyone to take part in home learning and have fun.

Please remember to practice your TALK skills, phonics skills, Bear Words, Reading and your Writing at home, as often as you can. We shall be having a parent meeting about Phonics and reading shortly and will inform you soon on the date. If you have any questions about anything please feel free to ask us. Thank you.