SPS Meal Options – Autumn 2, Week 2

Silsden Primary School

Monday	Chicken pie, served with baby potatoes, peas & gravy (GL,EG)	Homemade sausage roll, served with baby potatoes & peas (GL,EG,SOY, SUL)	Vegan sausage roll, served with baby potatoes & peas (H, V, GL)	Oven baked jacket potato with a choice of filling, served with our house salad (H) Tuna – (V,MK) Cheese – (MK) Beans	Hot melted cheddar cheese panini served with our house salad (H,V,MK,GL)	Chocolate sponge cake (GL,EG,MK)
Tuesday	Chinese chicken curry, served with noodles & prawn crackers (GL, SOY, EG, CRUST)	Italian tomato pasta, served with crusty bread & salad (H,V, GL,MST, SOY)	Spicy bean burger in a bread bun, served with wedges & salad (GL,MK)	Oven baked jacket potato with a choice of filling, served with our house salad (H) Tuna – (V,MK) Cheese – (MK) Beans	Hot melted cheddar cheese panini served with our house salad (H,V,MLK,GL,SOY)	Banana flapjack (GL, SUL)
Wednesday	Roast chicken, served with roast potatoes, seasonal veg and Yorkshire pudding (GL,EG,MK)	Soya mince cottage pie served with seasonal veg and Yorkshire pudding (H,V, GL,EG,MK)	Oven baked jacket potato with a choice of filling, served with our house salad (H) Tuna – (V,MK) Cheese – (MK) Beans			Lemon shortcake (GL, EG, SUL, SOY)
Thursday	Pizza Diavola (pepperoni) (GL,MK,MST) --- Margarita pizza (cheese & tomato) (H,V,GL,MK)	Meatfeast pizza (GL,EG, MK) --- Tuna & sweetcorn pizza (H, FSH,GL,MK)	All pizzas served with garlic bread & spaghetti hoops (GL, MK)	Oven baked jacket potato with a choice of filling, served with our house salad (H) Tuna – (V,MK) Cheese – (MK) Beans		Ice cream (MK)

Friday	**Oven baked fish fillet, served with fries & peas (H,GL,FSH, MK)**	**Crispy popcorn chicken, served with fries & peas (GL,MK,MST,SOY)**	**Salmon fish cake, served with fries & peas (H, GL, FSH**	**Oven baked jacket potato with a choice of filling, served with our house salad (H) Tuna – (V,MK) Cheese – (MK) Beans)**		**Chocolate fudge cake (GL,EG,MK, SOY, SUL)**

H – suitable for halal. V – Suitable for vegetarian. GL – contains gluten. MK – contains milk. MST – contains mustard. EG – contains egg. SOY – contains soy. SUL – contains sulphates. FSH – contains fish. CRUST – crustacean CEL – contains celery. In red – may contain